

# Nevada Qualifying House



# 2024 Program Statement

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# General Statement & Program Purpose

- Nevada Qualifying House (NVQH) is licensed by the State of Nevada's Department of Child and Family Services as a Group Foster Home for young men between the ages of 8 and 17. We accept youth who have scored a level 4 or below on the Child and Adolescent Service Intensity Instrument (CASII) and are capable of living in the community with supports. The program is designed to offer a structured, therapeutic environment for youth who have demonstrated emotional, behavioral, or psychological challenges. The primary goal of our home is to provide residents with the stability, treatment, and skills necessary to transition successfully back into less restrictive settings or into independent living situations.
- NVQH focuses on several key areas: Therapeutic Services, Education Support, Life Skills Training, and Recreational Activities.
- NVQH program uses a house parent with supportive staff model to allow for the most home like environment as possible. Youth are separated by ages 8-13 and 14-17 in different houses for age-appropriate treatment and socialization.

# Overview of the Program's Milieu

NVQH's milieu is trauma-informed, strengths-based, and normalized with positive staff/student interactions. NVQH's therapeutic milieu features:

- Integrated Care Model which incorporates strengths-based, positive youth development, social learning theory, gender-specific and trauma-responsive approaches.
- Cognitive behavioral approaches and curricula based on youth risk and needs.
- Trauma-responsive services are embedded within our service delivery at NVQH because most of the youth in our programs have experienced or witnessed multiple traumatic incidents.
- Services provided within an environment that fosters physical, psychological and emotional safety.



# Target Population

Ideal Traits	Further Review	Exclusionary Criteria
<ul style="list-style-type: none"> <li>• Male</li> <li>• Age 8-17</li> <li>• CASII Score of 4 or lower</li> <li>• Attachment and Adoption issues</li> <li>• Depression</li> <li>• Family dysfunction</li> <li>• Grief and loss</li> <li>• Impulse control issues</li> <li>• Low self-esteem</li> <li>• Good school performance: consistent attendance and willingness to complete schoolwork</li> <li>• PTSD/Complex-Developmental Trauma</li> <li>• Sexual, Physical, or Emotional Abuse, and Neglect</li> <li>• Transitioning from a residential facility preparing for reunification</li> <li>• Previous lower level (family foster home) of interventions were unsuccessful</li> </ul>	<ul style="list-style-type: none"> <li>• Severe or frequent violence within the past 6 months</li> <li>• Suicide attempt within 6 months of admission</li> <li>• A significant history of homicidal and/or suicidal ideation or attempts</li> </ul>	<ul style="list-style-type: none"> <li>• Youth in need of emergency placement</li> <li>• A youth presenting with developmental problems that prevents him from benefiting from Cognitive Based treatment.</li> <li>• Intelligence or Ability Quotient below 70, if accepted, may need to be placed on a modified treatment program where the cognitive intervention is geared to their ability level</li> <li>• Youth who present with active psychosis</li> <li>• Youth who have been identified as pathological fire setters</li> <li>• Medical conditions that compromise the program or the staff's ability to manage the child</li> <li>• Youth presenting with a history of sex offending</li> <li>• Youth with a diagnosis of Reactive Attachment</li> </ul>

# Assessments

Clinical Assessments	Educational Assessments	Medical Assessments
<ul style="list-style-type: none"> <li>•Daily Living Activities (DLA-20)</li> <li>•Suicide Attempt Self Injury Interview (SASII)</li> <li>•Child Adolescents Service Intensity Instrument (CASII)</li> </ul>	<ul style="list-style-type: none"> <li>•Individualized Education Plan</li> <li>•504 Plan</li> <li>•Standardized State testing</li> </ul>	<ul style="list-style-type: none"> <li>•Full medical assessment</li> <li>•Health</li> <li>•Dental</li> <li>•Vision</li> </ul>
<p>On intake, each client is assessed for coping skills, and for the client's ability to self soothe. As part of our process, we try to utilize behavior intervention planning to help clients smoothly transition to the program and utilize already established coping skills within the program—in the most natural environment possible.</p>	<p>Upon intake, the student's education records are reviewed by the school district and they implement any education assistance as needed and monitors during placement.</p>	<p>Upon intake, the student is assessed by local doctors and their needs are addressed as needed.</p>

# Daily Schedule (Weekday)

NVQ Weekday Youth Schedule (Monday - Friday)	
6:00am	Wake-up
6:00am - 6:30am	Hygiene / Make Beds / Morning Medication Administration
6:30am (Douglas School District)	Leave House for Bus Pick-up (corner of Chiquita St and East Valley Rd)
7:30am - 2:11pm (Douglas School District)	Public Schooling / Breakfast and Lunch provided at School / Noon Medication Administered at School
8:30am (Pinon Hills)	Elementary School Drop-off
8:30am - 3:14pm (Pinon Hills)	Public Schooling / Breakfast and Lunch provided at School / Noon Medication Administered at School
2:55pm (Douglas School District)	Bus Drop-off (corner of Chiquita St and East Valley Rd)
3:14pm (Pinon Hills)	Elementary School Pick-up
3:30pm	Afternoon Snack / Afternoon Medication Administration
3:30pm - 4:30pm	Homework / Mindful Activity / Teletherapy / Skills Group
4:30pm - 5:30pm	Outside Activity / Mindful Activity /Laundry
5:30pm - 6:15pm	Dinner / Team Meeting
6:15pm - 7:00pm	Showers / Hygiene / Phone Calls
7:00pm - 7:30pm	Leisure Time (Independent or Together) / Nightly Chores / Night Snack / Night Medication Administration
7:30pm - Bed	Quiet Time / Leisure Time
8:00pm	Bedtime for Elementary School Youth
8:30pm	Bedtime for Middle School Youth
8:45pm	Bedtime for High School Youth

# Daily Schedule (Weekend/Holiday)

NVQ Weekend Youth Schedule (Saturday - Sunday)	
8:00am	Wake-up
8:00 - 8:30am	Hygiene / Make Beds
8:30am - 10:00am	Breakfast / Morning Medication Administration
10:00am - 11:00am	Deep Clean Bedrooms, Bathrooms, and Common Areas / Laundry / Chores
11:00am - 12:00pm	Leisure Time / Mindful Activity / Laundry / Chores
12:00pm - 1:00pm	Lunch / Noon Medication Administration
1:00pm - 4:30pm	Activities / Outings / Leisure Time / Community Service / Skills Group / Afternoon Snack / Afternoon Medication Administration
4:30pm - 5:30pm (Sundays Only)	Homework Recovery Time
5:30pm - 6:15pm	Dinner / Team Meeting
6:15pm - 7:00pm	Showers / Hygiene / Phone Calls
7:00pm - 7:30pm	Leisure Time (Independent or Together) / Nightly Chores / Night Snack / Night Medication Administration
7:30pm - Bed	Quiet Time / Leisure Time
8:30pm (Sat.)	Bedtime for Elementary School Youth
8:00pm (Sun.)	
9:00pm (Sat.)	Bedtime for Middle School Youth
8:30pm (Sun.)	
9:15pm (Sat.)	Bedtime for High School Youth
8:45pm (Sun.)	

\* Holiday Schedule will follow Weekend Schedule



# Treatment Services

Treatment is specialized for individuals who have suffered childhood trauma's, including physical abuse, emotional abuse, sexual abuse, and neglect. Treatment is individualized based on multiple assessments conducted the orientation phase of treatment.

These services include:

- Clinical assessment for care (provided by licensed clinician)
- Psychiatric assessment and medication management (provided by licensed psychiatrist via Telehealth)

Specific modalities of treatment for care of individuals who have experienced trauma include:

- Personal Skills Development
- PATH-certified equine therapy (Nevada Equine Assisted Therapy or Kids and Horses)
- Individual trauma therapy

Behavioral health services are provided or supervised by licensed clinicians and include:

- Aggression Replacement Group (cognitive behavioral anger management group)
- Individual and family counseling (provided by licensed clinician)

# Medical Services

- Carson Valley Medical Center - Oversees the health needs of our clients and includes medical services provided by Board licensed medical professionals. Clients receive appointments for these services upon admission and on-going as needed.
- Pritchett Family Optometry – Oversees the vision needs of our clients
- Carson Kids Dental – Oversees the dental needs of our clients

# Education & Vocational Services

Student who are placed with NVQH attend community public school within the Douglas County School District.

High School – Douglas High School

Middle School – Carson Valley Middle School

Elementary School – Pinion Hills Elementary School

- Education placement is based upon each individual's needs and takes into consideration any IEPs, which are requested when necessary and include parents/guardian and placing official.

# Extracurricular/Recreation Services

NVQH participates in numerous extracurricular activities and recreation services.

- As a community foster home, youth placed have access to all sports, clubs, or services available at school or in the community. If a youth expresses a desire, it is explored.
- NVQH participates in numerous community service programs.
- NVQH also utilizes community resources such as parks, community pool, libraries and churches, and provides engaging activities that assist clients in exploring their own identity and pursuits include discovering the many museums in the surrounding areas.
- The Carson Valley is rich in outside activities: swimming, fishing, camping, biking, snow skiing/boarding, and hiking.

# Discharge Process & Successful Discharge Criteria

- Students who consistently demonstrate use of coping skills
- Students who demonstrate sufficient stability in school, treatment, and community
- Students who demonstrate improved understanding of choices, challenges, and skills to manage stress
- Treatment team determines youth is ready
- Placing agency has found an alternate permanent plan