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# RITE NOW @ ROP

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It is extremely important for youth to have stimulation in the form of outings and activities. Over the past couple of months, the California and Nevada Qualifying Houses went on many adventures.

During the month of July, the youth from both programs were taken on a hike to Horsetail Falls, a beautiful cascading waterfall spanning about 791 feet in the Sierra Nevada Mountain range to the west of Lake Tahoe. They also visited the Planetarium and Roller Kingdom in Reno for a fun day out on the town.

For their August adventure they hiked to the Potholes located near Kirkwood, CA. As water runs out of Silver Lake, it flows across a field of granite, forming several pools to swim and splash around in. Another fun activity the youth participated in was picking and juicing choke cherries. A Q House teacher brought in massive bags of choke cherries, which are small, bitter berries commonly made into a sweet syrup. The youth gathered around in a circle, picking the berries off the stems and collecting them into a pot as the teacher detailed the history of choke cherries and harvesting. A couple hours later after the berries were boiled, each kid got to take a turn juicing the berries in preparation for choke cherry syrup. These forms of activities allow the youth to experience new things, socialize, learn, and most importantly, have fun.